

# VOCABULARY QUIZ: COOKING/CULINARY TERMS

Choose the correct words from the options

1. What is the process of quickly cooking food in a small amount of oil or butter over high heat?
  - a) Roast
  - b) Sauté
  - c) Braise
  - d) Grill
  
2. To combine two immiscible liquids, like oil and vinegar, into a stable mixture, as in salad dressings, is to:
  - a) Fold
  - b) Emulsify
  - c) Dredge
  - d) Melt
  
3. The process of adding liquid to a pan to loosen browned bits of food and create a sauce is known as:
  - a) Zest
  - b) Déglacé
  - c) Blanch
  - d) Sear
  
4. Which term refers to the preparation and organization of ingredients before cooking?
  - a) Mise en place
  - b) Caramelization
  - c) Reduction
  - d) Melt
  
5. What is the technique of cutting food into long, thin strips, resembling matchsticks?
  - a) Dice
  - b) Chop
  - c) Julienne
  - d) Mince

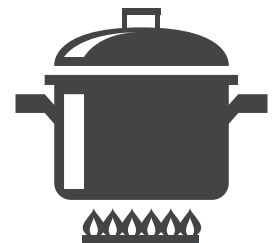


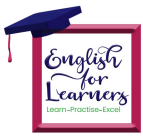


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6. What is the term for the structural skeleton of a building that provides support for floors, walls, and roofs?
- a) Foundation
  - b) Framework
  - c) Masonry
  - d) Scaffolding
7. The mixture of fat (usually butter) and flour used to thicken sauces and soups is called:
- a) Roux
  - b) Reduction
  - c) Sear
  - d) Melt
8. To gently combine ingredients without deflating them, often used with whipped cream or egg whites, is to:
- a) Whisk
  - b) Mince
  - c) Fold
  - d) Marinate
9. What term describes the process of digging deep, narrow excavations, often for utilities like water and sewage lines?
- a) Sear
  - b) Trenching
  - c) Blanch
  - d) Poach
10. The controlled destruction or dismantling of existing structures or buildings is known as:
- a) Sous-vide
  - b) Marinate
  - c) Demolition
  - d) Braise





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## ANSWERS

1. b) Sauté
2. b) Emulsify
3. b) Déglacé
4. a) Mise en place
5. c) Julienne
6. b) Framework
7. a) Roux
8. c) Fold
9. b) Trenching
10. c) Demolition